Together Everyone Achieves More

Wreningham VC Primary



PE & Sport Premium 2016-17







Together Everyone Achieves More Wreningham School is committed to Safeguarding And Promoting the Welfare of children

PE Provision at Wreningham VC Primary:



Use and Results of The Primary PE and Sport Premium

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PE Provision at Wreningham



1.0 Vision

'For all children in Wreningham VC Primary School to enjoy being active and experience excellent physical education, school sport and physical activity that will lead to life-long participation.'

2.0 Overview

The objectives of the Primary PE and Sport Premium funding include:

- Improving the quality of existing PE teaching though continuing professional learning in PE for generalists, so that all primary pupils improve their health, skills and physical literacy, and have broader exposure to a range of sports
- Increasing participation levels in competitive sport and healthy activity of pupils, and maintain these into adolescence
- Increase schools understanding, and value the benefits, of high quality PE and sport, including its use as a tool for whole school improvement.

3.0 Use of the PE and Sport Premium Funding

Wreningham have targeted the PE and Sports Premium money, and additional funding for PE, in four areas (See 3.1 to 3.4), in order to invest in the continued improvement of PE provision within school. The rational for use in these areas reflects that recommended by Norfolk County Council in their document 'Effective Use of the Primary PE and Sport Premium.'

3.1 Funding Professional Development Opportunities in Physical Education

Appropriate CPD opportunities have/will be identified in order that PE teaching skills of individual staff members can be enhanced and developed, as well as being passed on through INSET training and observation, thus adding value and legacy to the school as a whole in the area of quality PE provision.

REAL PE Physical Education Scheme Training:

The PE co-ordinator completed the Real PE training programme prior to autumn 2016 and is now introducing the scheme through PE lessons delivered to year 5 and 6. This holistic approach to PE allows a progressive skills based approach, built around themes involving the development of essential behaviours, physical literacy, emotional and thinking skills in children. This approach will then be delivered across the other year groups.

Attended course in 2016: R. Hodge - Year 5/6 Classroom Teacher

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3.2 Provision of After School PE/Sport, Sport Opportunities and Equipment

We are committed to the provision and encouragement for all our children to actively take part in sport and physical activity.

As a result of this ethos, <u>every</u> child in upper KS2 took part in <u>at least 3</u> competitive interschool events in the 2014-15 school year, <u>regardless of gender or ability</u> – an achievement few schools would be able to claim. This achievement was surpassed in 2015-16, with more children expressing a real desire to compete, resulting in requests for additional team entry places. As a consequence, we have taken 3 rugby teams, three cricket teams, three basketball teams and two football teams to events where other schools have only been prepared to take one.

Storage facilities have been purchased, including sports/play equipment shed, along with activity equipment for use at break and lunchtime. . We have also purchased a new set of netball posts. New equipment identified as being required include an additional table-tennis table is currently to allow more access to table tennis coaching after school, and indoor athletics mats.

3.21 Additional Provision to Weekly PE Sessions

- Wymondham Rugby Club Tag Rugby Specialist Coach KS2 Weekly session autumn 16
- After school F/Stage and KS1 Sports Club every Tuesday
- After school Tag Rugby Club Monday Autumn term (approx. 30 children)
- After School Netball Club Monday Spring Term
- After school Key Stage 2 Senior Sports Club (YR 3 to 6) every Tuesday
- After school Table Tennis Coaching Club Thursday
- After school Super Soccer Club for all ages every Wednesday
- KS2 Dance and Keep Fit Club Monday autumn 2016
- KS2 residential to Horstead Nov 2015- Outdoor and Adventure climbing, canoeing, team challenges
- KS2 residential to Brancaster Nov 2016 Outdoor and Adventure sailing, cycling

Attendance at these clubs is extremely high with respect to school role -

- Tuesday Sports Clubs are now achieving attendances of 70 plus children (two thirds of all children currently on role).
- Monday Tag Rugby club attracts attendances upwards of 30 children each week. As a consequence, Wreningham were able to bring three full squads to compete in the Cluster Rugby tournament in November 2016.



3.3 Access to South Norfolk Sports Partnership Events through Cluster

The 2014 National Curriculum states that children must have:

Opportunities to compete in sport and other activities build character and help to embed values such as fairness and respect.



Unfortunately, the Wymondham Cluster has chosen not to fund a Schools Sports Co-ordinator this year, to aid participation in the Norfolk Schools Sports Partnership events – which in turn allows children to compete at a higher level of ability in competitive inter-school sport. We are endeavouring, however to maintain this competitive route into the school games by taking on the additional load of arranging cluster competition, along with like-minded schools in our area. We have helped successfully arrange inter school tag rugby and Wreningham has successfully organised and officiated the Cluster Sportshall Athletics competition – allowing over 100 children from 7 schools to compete from years 4-6. Through the SNSP, the school can compete through to county level by way of the Norfolk School Games.

Wreningham has built a successful sporting reputation through it's achievements within the SNSP and the 2015-16 sporting year demonstrated the high level of attainment, competitiveness and enthusiasm of Wreningham children, reaching an incredible five Norfolk County School Games finals in the sports of tag rugby, indoor athletics mixed football and girl's kwik cricket through cluster, then South Norfolk qualification tournaments.

PE Premium Funding has been used for teacher supply cover when needed for events, and coach travel if required.

3.31 Inter-School Events Entered – 2016/17

The sports co-ordinator is again actively seeking to obtain additional team places in as many inter school competition as possible. Already this year, Wreningham taken 3 squads of 10 children to compete in tag rugby tournaments, along with three squads of 8 children to the South Norfolk basketball tournament - this far outstrips opportunities provided by other schools in the area.

We are passionate about providing opportunities for everyone who wishes to take part, regardless of gender or current ability. We are very proud of this achievement, and the determination, enthusiasm and 'have a go' attitude of our children, along with the excellent support given by parents to support these events.

- 1. Tag Rugby Wymondham Cluster Tournament 30 children competed Nov 2016
- Winners- Qualify for County Finals and Semi-Finalists
- 2. South Norfolk Tag Small Schools Rugby Finals Jan 2017
- 5th Place Play-off Winners- Qualify for County Finals
- 3. CSF Football Tournament (boys and girls) Jan 13th 2017
- -3^{rd} in Group -8 girls first experience of competitive football
- 4. Sportshall Athletics Tournament- 17th Jan 2017
- Wymondham Cluster Winners
- 5. South Norfolk Sportshall Small Schools Athletics Finals 24th Jan 2017
- Winners- Qualify for County Finals
- 6. Norfolk School Games County Small Schools Tag Rugby 1st Feb 2017
- Qualify for Cup Round 7th place play-off winners from 14 Finalists
- 7. South Norfolk Basketball Tournament 8th Feb 2017
- 24 children given opportunity to compete

- 8. Norfolk School Games County Sportshall Athletics Tournament- 3rd March 2017
- Not yet attended at time of publication

Other events and opportunities will be arranged when dates/events confirmed.

3.32 Inter-School Events Entered – 2015/16

Participation in relation to previous year has again risen, with Wreningham striving to offer any child who wishes to compete, the opportunity to do so through requesting additional team places in events wherever possible.

- 1. Sportshall Athletics Tournament- 25th Nov 2015
- Wymondham Cluster Winners
- 2. Cluster Swimming Gala Dec 11th 2015
- Two children selected to represent South Norfolk
- 3. Tag Rugby Wymondham Cluster Tournament 11th Jan 2016
- Winners- Qualify for County Finals
- 4. South Norfolk Tag Rugby Finals 20th Jan 2016
- Winners- Qualify for County Finals
- 5. CSF Football Tournament (boys and girls) Jan 2016
- Group Runners Up
- 6. South Norfolk Sportshall Athletics Finals Feb 2nd 2016
- Gold Winners- Qualify for County Finals
- 7. Norfolk School Games County Tag Rugby Finals Feb 2016
- County Small School Rugby Champions
- 8. Norfolk School Games County Indoor Athletics Finals Feb 2016
- County Bronze Medal Winners
- 9. S.Norfolk Basketball Tournament (Large and Small School) -Mrch 2016 5th and 6th place
- 10. Wymondham Cluster Netball Tournament (2 teams)- Mrch 2016 – Small School Winners
- 11. South Norfolk Netball Tournament (2 teams)- April 28th 2016 – 3rd Place - Qualify for County Finals
- 12. Cluster Mixed Kwik Cricket Tournament (3 teams) 18th May 2016
 Qualified for South Norfolk Finals
- 13. South Norfolk Football Tournament (2 teams) May 19th 20163rd place and 6th place
- 14. South Norfolk Kwik Cricket Finals (Large and Small)– Jun 7th 20164th place from 13 schools
- 15. South Norfolk Girls Kwik Cricket Finals (2 teams)– 9th Jun 2016
 Gold Winners– Qualify for County Finals
- 16. Norfolk School Games County Netball Finals– Jun 22nd 2016County Silver Medal Winners
- 17. Norfolk School Games Girls County Cricket Finals– Jun 2016-County Bronze Medal Winners
- 18. Norfolk School Games Small School Football County Finals– JunSemi-Finalists
- 19. Wymondham College Olympic legacy event for years 4 & 5
- 20. Whole school 'Race for Life' event, organised by year 5 children.



3.33 Inter-School Events (Cluster/Area/County) – 2014/15

- Cluster Sportshall Athletics tournament for whole of Yr 5 and 6 26th Nov 2014 Winners
- Cluster Swimming Gala Dec 12th 2014 Two children selected to represent South Norfolk
- Tag Rugby Small Schools Tournament (2 teams) 15th Jan 2015 Tournament Winners
- South Norfolk Sportshall Athletics Finals Jan 17th 2015 Winners
- CSF Schools Cup football tournament (boys and girls) Jan 21st 2015 Third Place
- Tag Rugby South Norfolk Tournament 27th Jan 2015 Runners-up
- South Norfolk Basketball Tournament (2 teams) 28th Jan 2015 Semi-Finalists
- Tag Rugby Sainsbury's Winter Games Finals 4th Mar 2015 COUNTY CHAMPIONS GOLD MEDALISTS
- Sportshall Athletics Sainsbury's Winter Games Finals 6th Mar 2015 COUNTY SILVER MEDALISTS
- South Norfolk Hockey Tournament Dragons (4 teams) Mar 2015 Semi-Finalists
- South Norfolk Football Competition (2 teams)– 28th Apr 2015- South Norfolk Champions
- South Norfolk Partnership Netball Tournament 24th Apr 2015 Finished 4th Place
- Cluster Kwik Cricket Tournament (3 teams) Jun 2015- Qualified for South Norfolk Finals
- Girls Year 2 & 3 FA Football Festival Won every game. Well done girls...
- South Norfolk Girls Cricket Tournament Jun 2015– Finished 6th & 7th.
- South Norfolk Mixed Cricket Finals Jun 2015 5th place out of 14 teams including large schools
- Norfolk School Games County Small School Football Finals- COUNTY BRONZE MEDALISTS 3rd PLACE
- Wymondham College Olympic Event Key Stage 1 and 2
- Schools Summer games Day Summer Term 2015
- School Table Tennis Tournament Summer Term 2015



3.4 To Hire Specialist Primary Physical Education Teachers to Work alongside Primary Teachers

A PE specialists will be employed to provide quality, specialist teaching, and enhance PE teaching skills, across KS1 and KS2. This expertise will be used as a valuable resource, providing opportunity for in-house professional development of current teaching staff. Staff will observe, take part in and develop their own skills within lessons led by the specialist.

In addition, outside specialist coaches for rugby (through Wymondham Rugby Club in the autumn term) and kwik cricket (summer term) will be brought in to further enhance and develop teaching in these areas.

Experience and Expertise:

Pro-Sports : Paul Colbeck-Rowe- KS1 PE sessions once a week

Paul Colbeck-Rowe works in several schools across the Wymondham cluster and is a highly respected, professional and skilled practitioner. He has been coaching football since 2005 and holds an FA Level Two Certificate. Mr Colbeck-Rowe is a skilled and professional practitioner, and provides a quality teaching session for the KS1 pupils once a week, introducing a whole range of diverse activities, including archery and orienteering. He has coaching qualifications relating to football, hockey, multi skills, tag rugby, basketball, netball, tennis, gymnastics, athletics, dance, squash and cricket. In addition to his work with KS1, his presence in school allows him the opportunity to provide a highly attended , and very high quality, KS1 after school multi-sports session once a week.

3.41 INSET Training:

In addition to teaching, INSET workshops will continue be set up to provide focused training and up-skilling in areas pertinent to the PE curriculum. Previous training provided through Paul Colbeck-Rowe have included outdoor adventure activities within the PE lesson, and safe and effective use of indoor apparatus and gym equipment.

4.0 Commitment and Success in Promoting PE



4.1 2015-2016 School Games Silver Mark Award



As a school, we have been striving to ensure the children have the opportunity to access high quality teaching and instruction across a broad range of sports and activities, along with having access to competitive sport across a whole range of activities. In order to cement this commitment and have this achievement formally recognised, we have again successfully applied for the School Games Silver Mark. This involves organising a School Games event in the summer term, with the children themselves taking an active part in the leading, managing and officiating of the School games activity. In addition, we have introduced Sports House Captains to take leadership and ownership of intra-school competition.

4.2 Children's Views and Participation in PE

Once again, a sample of children will be selected this year (spring 2017) to take part in a discussion and survey in relation to PE provision 'three years on' following the introduction of the PE Premium (See Appendix Two for previous results).

Participation in extra-curricular PE clubs and activities has again increased significantly over the previous year, and more recently during the autumn 2016 term – with tag rugby club attracting upwards of 30 children each Monday evening (in often terrible weather conditions.)

It has been clear that increased provision offered over the last three years has resulted in increased take-up by the children, and, as a small school, the number of children and staff can often be a barrier in providing a quality range. Due to the commitment, time and hard work shown by the staff and coaches at Wreningham, we have been able to provide children with a range of quality provision and instruction. In addition, the promotion of PE, and enthusiasm with which it is taught, has encouraged many children to try new sports, feeding through to our huge competitive successes, but more importantly resulting in children wishing to play just for the enjoyment of competing.



APPENDIX ONE

Physical Education in the New Curriculum

Purpose of study

A high-quality physical education curriculum inspires all pupils to succeed and excel in competitive sport and other physically-demanding activities. It should provide opportunities for pupils to become physically confident in a way which supports their health and fitness. Opportunities to compete in sport and other activities build character and help to embed values such as fairness and respect.

Aims

The national curriculum for physical education aims to ensure that all pupils:

- $\hfill\square$ develop competence to excel in a broad range of physical activities
- $\hfill\square$ are physically active for sustained periods of time
- □ engage in competitive sports and activities
- \Box lead healthy, active lives.

Attainment targets

By the end of each key stage, pupils are expected to know, apply and understand the matters, skills and processes specified in the relevant programme of study.

Subject content

Key stage 1

Pupils should develop fundamental movement skills, become increasingly competent and confident and access a broad range of opportunities to extend their agility, balance and coordination, individually and with others. They should be able to engage in competitive (both against self and against others) and co-operative physical activities, in a range of increasingly challenging situations.

Pupils should be taught to:

□ master basic movements including running, jumping, throwing and catching, as well as developing

- balance, agility and co-ordination, and begin to apply these in a range of activities
- □ participate in team games, developing simple tactics for attacking and defending
- □ perform dances using simple movement patterns.

Key stage 2

Pupils should continue to apply and develop a broader range of skills, learning how to use them in different ways and to link them to make actions and sequences of movement. They should enjoy communicating, collaborating and competing with each other. They should develop an understanding of how to improve in different physical activities and sports and learn how to evaluate and recognise their own success.

Pupils should be taught to:

 $\hfill\square$ use running, jumping, throwing and catching in isolation and in combination

□ play competitive games, modified where appropriate, such as badminton, basketball, cricket, football, hockey, netball, rounders and tennis, and apply basic principles suitable for attacking and defending

□ develop flexibility, strength, technique, control and balance, for example through athletics and gymnastics

- □ perform dances using a range of movement patterns
- □ take part in outdoor and adventurous activity challenges both individually and within a team
- □ compare their performances with previous ones and demonstrate improvement to achieve their personal best.

Swimming and Water Safety

All schools must provide swimming instruction either in key stage 1 or key stage 2.

In particular, pupils should be taught to:

- $\hfill\square$ swim competently, confidently and proficiently over a distance of at least 25 metres
- $\hfill\square$ use a range of strokes effectively such as front crawl, backstroke and breaststroke
- $\hfill\square$ perform safe self-rescue in different water-based situations.

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APPENDIX TWO

A sample of 44 children from across the school was chosen to answer questions and relate their views about PE at Wreningham. The children took part in a discussion before they completed the survey in order that they fully understood the questions being asked.

Questions: Twice >= Three Zero Once On average, how many times a week do you 1 0 0 9 35 do PE and sport in School? 20% 80% 0% 0% **Sometimes Mostly** Yes No 29 2 10 Do you enjoy PE activities at school? 0 5 0% 11% 23% 66% 12 30 3 Do you always bring your PE kit for lessons? 0 2 0% 5% 27% 68% 4 Do you encourage others to take part in PE? 1 15 20 8 2% 34% 18% 46% Do you take part in ALL PE Activities 5 willingly and get involved with others in 0 1 13 30 games? 0% 2% 30% 68% Do you understand PE and school sport 6 helps to keep you fit through a balanced 0 1 1 42 healthy lifestyle? 0% 2% 2% 96% Do you take part in an extra-curricular sports 7 9 club in school? (Super Soccer, Senior 35 Sports club, table tennis, Pro Coach) 20% 80% Do you take part in more PE and sport this 8 9 35 year than you did last year? 20% 80% Do you get regular opportunities to reflect on 9 1 4 10 29 your learning and improve your skills? 2% 9% 23% 66% Have you enjoyed PE more, now coaches 10 0 5 0 39 work alongside teachers? 0% 0% 11% 89% Do you feel you are better at PE and sport 11 2 0 2 40 than last year? 4.5% 4.5% 0% 91% If you were in Class 4 last year, did you take 12 100% part in inter school competition

Pupil Questionnaire for PE & Sport Premium Effectiveness 2014-15 - 'One Year On'

Physical Education at Wreningham



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