## Wreningham PE Grant 2023/2024

## **Wreningham VC Primary School**

## **PE Premium 2023/2024**

The following document will outline the use of the PE Premium for the academic year 2023/2024, along with other pertinent PE related objectives/actions/outcomes:

Total PE Grant over period: £16,941

Outcomes/impact has been monitored against 5 key indicators:

- The engagement of all pupils in regular Physical activity
- The profile of PE and sport is raised across the school as a tool for whole-school improvement
- Increased confidence, knowledge and skill of all staff in teaching PE and Sport
- Broader experience of a range of sports and activities offered to all pupils
- Increased participation in competitive sport

Appendices 2 to 6: illustrate the legacy of our all-inclusive participation and additional successes over previous 4 Covid-free academic years.

Appendix 9: a copy of our School Games Platinum Award Case Study element as part of our successful award application..

## Participation, Achievement, Competition and The School Games:

Wreningham consistently provides opportunities for more children to participate in festivals, experiences and competition through the School Games and other organisations, than most schools in Norfolk (if not all, given our relative size): regularly taking up to 3 teams, or whole classes, to events where other schools will only take one: most recently, taking 3 teams of 8 children to the Wymondham Prep. School netball tournament in February 2024 and all year 3s participating South Norfolk hockey festival in March 2024, and in summer 2024, year 1 and 2 will take part in the School Games cricket festival. Following our inclusive approach to enabling all children to take part in inter-school events, the South Norfolk Sports Partnership have introduced an additional set of official participant roles (e.g. team manager, games reporter) to enable all children to experience these events – and of which some of our children have benefited this school year already.

This inclusivity has been recognised by the Sports Partnership (South Norfolk), and is further highlighted by our Platinum Sports Award, awarded in September 2023 (Please see Appendix 9 at the end of this document) following our 5 successful Gold Games Mark awards and our focused Project statement submission (commended for its quality by the assessor).

Our School Games Virtual Award, awarded during the Covid period from 2020 further highlights our provision even in the more difficult of periods..

We attempt to enter the whole range of sports offered by the School Games, providing children with new opportunities and experience of non-competitive and competitive activities, regardless of current ability/gender. Consequently, there are extremely high levels of participation and a consistent improvement in skill, achievement and always an emphasis on enjoyment and well-being. As such, progress is now consistently highlighted, not only by the results achieved by the children in competition, but more importantly, by the skills, enthusiasm and enjoyment of sport and physical activity by our children.

| Intention/objective  | Cost/who  | Actions<br>(Red total costs)  | Outcomes/impact   | Monitoring and evaluation of the impact of actions   |
|--|---|---|---|--|
| 1 The engagement of a  | ll pupils in regular Physical activ   | <mark>rity</mark>   |   |  |
| PE subject leader<br>release time and PLT<br>South Norfolk PE days   | Line 10060 HLTA £10.92/h Attendance at PLT S. Norfolk £100 - 3 PMs release HLTA cover   | Attended in September. Total £30 HLTA   | Organised full events participation for<br>the whole year for KS1 and KS2 and<br>discussed new inclusion opportunities<br>in Norfolk School Games driven by<br>Wreningham's approach previously.  | Coordinator able to access out of school events for both KS1 and KS2 – additional places gained to ensure all children have opportunity.   |
| PE subject leader 3 days   | £200 one day release day -<br>supply<br>£120 – 2 days release day HLTA<br>cover   | Day release to update PE grant document, PE documentation for PE mark, audit resources, lesson observations.  Total £370  | Ongoing collection of evidence and preparation of School Games Mark application prior to July submission. Monitoring of REAL PE teaching following last summer's training across school to evaluate quality of teaching, children engagement and outcomes. Improvements/development identification. | Coordinator able to view excellent REAL PE sessions in class 1-3. Successful application for platinum award made. Commended on quality capplication by School Games Coordinator. |
| External coaches work in<br>the school – KS1 after<br>school club  | After School club for KS1– parent funded. Tennis for KS1 - £90 taster session  Pupil premium funded contributions to super soccer   | Tuesday PM sports club<br>Setup new KS1 tennis club<br>afterschool  | A new club set up for KS1 after school sporting club - tennis club, parent coach  | Weekly attendance in<br>double figures – children<br>express enjoyment in<br>mini question session.<br>New skills learnt in fun<br>environment. KS1<br>inclusivity being met.    |
| All children have access<br>to regular and effective<br>provision for PE and<br>physical activity on a<br>daily basis. | 1 lunchtime supervision/week = 38x£9.2117 hourly rate=£500  Facilitate good active play with children, through use of playground equipment purchased – involve and encourage children to be active. | The school has employed additional staff members to conduct lunchtime sporting activities such as hula hoop to ensure high levels of physical activity. Resources promote engagement during lunch breaks. | Physical activity in the school day is embedded through active playgrounds. Behaviour improved at lunchtimes and contributing to children's active day. Playground equipment used extensively at break and lunch.   | MSA actively involved in enabling children to use equipment in more structured, and creative ways. E.g. skipping games. Good behaviour reported at lunch times.                  |

|  | MSAs involved in use of play   | TA meetings – discuss to   |   | Next steps:   |
|--|--|--|---|---|
|  | equipment e.g. skipping.   | organise games lunchtimes Total =£500  |   | Use premium money for skipping day.   |
| All children have access to regular and effective provision for PE and physical activity on a daily basis – targeting need relating to physical literacy – use of sensory circuits | SENSi TA (CG) £9.2117/hourly rate x 5 days = £46.06 38 weeks = Total - £2000 (TA costs SENSi £2,000) | Teach daily session to targeted children across the school.  Total = £2000         | Children improve in coordination, concentration, focus. Physical literacy skills improve.   | Children improving in coordination, concentration, focus -0 feedback form teachers. Physical literacy skills improved Difference noticed in classroom behaviour following sessions. Children look forward to this element in their daily routine. |
| 2 The profile of PE and sp   | ort is raised across the school as a   | tool for whole-school improvem   | ent   |   |
| Ensure the whole   | R Hodge  | Information about PE and   | The notice board is full of information   | Notice board updated  |
| school/parents and<br>wider community are<br>aware of the importance<br>of PE and Sport  | No cost  | sport is shared via website,<br>newsletters, assemblies<br>and the PE notice board | about matches/clubs/results and pupils are keen to get involved, club timetables, further opportunities, links with outside clubs. End of year sports day open for all parents: Sports co-ordinator give full report of the years activities in PE and sport as well as awards ceremony for achievement, participation. | regularly and requests from parents for signposting to specific out of school sport opportunities met (rugby, girls football). Website regularly updated to inform wider community of events and achievements.                                    |

| 3 Increased confidence | e, knowledge and skill of all staff in | teaching PE and Sport    |                                    |                                    |
|------------------------|--|--------------------------|------------------------------------|------------------------------------|
| Improve the quality    | Gymnastics course £200                 | Year ¾ and Year ½        | Enhanced knowledge and teaching    | Increased confidence and positive  |
| of teaching in the PE. | 4 May 2022                             | attended gymnastics      | skills in PE gymnastics and dance. | feedback from teachers. Use of     |
|                        | Supply release for 2 teachers          | course May 2022.         |                                    | indoor gym equipment - safety and  |
|                        | £500                                   | Year 5/6 and teachers    |                                    | effective use.                     |
|                        | Course training £200                   | attended Dance course in |                                    | Clarity and creativity enhanced in |
|                        |  | autumn 2023              |                                    | dance – increased awareness of     |

|  |   | Total £700   |   | how to facilitate teaching of HA children  |
|--|---|--|---|--|
| PE staff – costs to facilitate and lead improvements .quality and provision in school sport and PE | f6509 – allocate to staff costs in relations to enhanced, quality PE provision.  Provision of 34 weeks of after school, out of contract hours sports clubs – 4 clubs per week This relates to overtime hourly rate for 177 hours @ £36.78 netball, tag rugby, lacrosse, cricket, indoor athletics, tabletennis, girls football, mixed football  Clubs run from 3:10 to 4:30 (Summer cricket additional 30 minutes)  12 weeks clubs in Autumn Term – 4 clubs per week – 5h 20 m 10 weeks clubs in Spring term - 3 clubs per week – 4 h 12 weeks clubs in Summer term – 5 h 50 m (cricket club until 5:00 pm)  Additional 3 hours over weekends at GOALs football centre with KS2 girls.  Total of 177 hours @ £36.78 = Total £6509 | -Include in staff performance management -Lead staff training on how to teach PE effectivelyRelease PE Subject leader each half term – ongoing Total £6509 | Provision of 4 after school sports clubs /week, 3 lunchtime clubs: covering full range of inclusive sports/activities.  Arrange intra and inter sport competition /organise school sports crew/sports captains. Maintained active link to School Games and South Norfolk Sports Partnership and Cluster sports. Strive to create opportunities for all children who wish to participate in inter-school events will do. | -Ensured school met criteria for 5th consecutive gold award. Enabled successful application for prestigious Platinum Award -Continue to ensure outstanding PE provision across the school. Maintained levels of enthusiastic participation/enjoyment/attainmen of children in inter school events, and high after-school attendance. |

| Posources support                    | New equipment - full   | Persurees and damaged                        | resources including new backethall  | Increased requests now from          |
|--------------------------------------|--|--|---|--------------------------------------|
| Resources support delivery of PE and | replacement of old equipment.  | Resources and damaged equipment replaced and | <ul> <li>resources including new basketball<br/>posts, new football goals soft balls</li> </ul> | younger children for equipment at    |
| promote physical                     | replacement of old equipment.  | upgraded purchased.                          | for playgrounds, netball bibs, hockey   | break/lunch.                         |
| activity and a healthy               | Purchasing new playground  | Amount of PE equipment                       | sticks etc. 32 ball trolley £123.50   |                                      |
| lifestyle.                           | equipment – skipping ropes etc.  | available increased -                        | Electric pump £90   | Children across all ages now making  |
|                                      | The state of the s | children can have one                        |   | use of equipment. E.g. younger       |
|                                      |  | item per child or work in                    | -Benches x 2, 2.6m hook at one end  | children using smaller goals         |
|                                      |  | smaller/more active                          | £266 x2   | regularly to involve themselves in   |
|                                      |  | groups.                                      |   | structured games (hockey, football). |
|                                      |  | Appropriate sized basket/footballs for       | See Appendix 1 for full purchase list   | Next Step:                           |
|                                      |  | younger children skills                      |   | Replacement of equipment for next    |
|                                      |  | development.                                 |   | academic year. More KS1 size balls,  |
|                                      |  | Total £2056                                  |   | footballs, smaller netball hoops,    |
|                                      |  | Total £532                                   |   | equipment to 'zone' more             |
|                                      |  |  |   | structured are3as.                   |

| 4 Broader experience of a   | a range of sports and activities offe              | red to all pupils  |   |   |
|---|--|--|---|---|
| A wider range of sports clubs are on offer to more children – indoor facility large enough. | Hire of Village Hall - session approx. <b>£100</b> | KS2 (no charge) attend sports clubs after school. Sports clubs are well attended and free. Additional facility of village hall utilised in bad weather. Range of additional indoor sports facilitated – e.g. dodgeball, indoor street hockey. Total £100 | Children openly engage with extra-<br>curricular sport. Increase pupils' participation in sport<br>and improved fitness. The children know the value of being<br>active. Indoor facility allows additional<br>range of sports to be able to be offered,<br>and bad weather does not affect<br>running of club and ability to provide<br>good range of sports. | After school sports clubs for year able to continue even in bad weather throughout the year – no cancellations. |

| Introduce new sports,     | New sports introduced including  | New table tennis tables,        | Very few instances of pupils not bring    | Table tennis targeted for  |
|---------------------------|----------------------------------|---------------------------------|---|----------------------------|
| dance or other activities | lacrosse, dodgeball. Tennis and  | dodgeball equipment,            | kit to school and as a result progress    | children with specific     |
| to encourage more         | table tennis club to be          | rounders equipment.             | and achievement in curriculum PE is       | needs. All places taken    |
| pupils to take up sport   | introduced with additional       |                                 | good. REAL PE challenges show good        | up. Multi- sports club     |
| and physical activities   | tables (inclusion specific).     |                                 | attainment and progression in skills      | introducing dodgeball a    |
| , ,                       | , , ,                            |                                 | lessons. Children enthusiastic to take    | new sport. Lacrosse        |
|                           |                                  |                                 | part in new sports.                       | introduced to KS2.         |
|                           |                                  |                                 | '   | Goal-ball partially-       |
|                           |                                  |                                 |   | sighted inclusive sport    |
|                           |                                  |                                 |   | introduced                 |
| Provide opportunity to    | Teachers/instructors leading     | Take part in school residential | Children have the opportunity to take     | In last year, residentials |
| experience a wider        | residential.                     | centred around outdoor          | part in sports/activities beyond the      | enabled children to        |
| range of sports beyond    | Children that are unable to fund | adventure activities including  | school gate                               | experience kayaking,       |
| the school gate           | themselves, the school supports  | climbing, mountain biking, zip  | Series Bate                               | fencing, bouldering,       |
| the solles. Bute          | funding.                         | wire, crate stacks, canoeing,   |   | canoeing, orienteering,    |
|                           | Tanang.                          | orienteering, archery, mud      |   | paddleboarding, archer     |
|                           |                                  | safari.                         |   | bikeability courses        |
|                           |                                  | Saram                           |   | brought into school for    |
|                           |                                  |                                 |   | years ¾ t enhance cyclir   |
|                           |                                  |                                 |   | skill/safety.              |
| Children have increased   | Inspection of PE                 | Field and playground is well    | Constant use of play-trail equipment      | Children using equipme     |
| opportunities for         | Equipment/play trail             | equipped and                    | noted at break-times/lunchtimes.          | to enhance outdoor         |
| outdoor learning.         | External £155/ Internal £45      | promotes/inspires physical      | Children active and imaginative in their  | activity on daily basis –  |
| outdoor rearring.         | External £133/ Internal £43      | activity. <b>Total - £200</b>   | play on this equipment – particularly     | weather                    |
|                           |                                  | activity. Total - 1200          | popular with younger age-groups.          | depending. Number gr       |
|                           |                                  |                                 | popular with younger age groups.          | used.                      |
| 5 Increased participation | in competitive sport             |                                 |   | useu.                      |
| Attend inter school       | E03 Line 10060                   | Rob H and other teachers to     | Even during the difficult Covid period of | See Appendix 2 & 3 to      |
| sporting events –         | Staffing costs – approx. 12      | lead the school in organising   | the last year, 8 out of school            | see events/festivals       |
| teacher led               | events.                          | teams to take part in           | events/festivals and tournaments have     | attended. Every child      |
| teather led               | events.                          | different competitive sports.   | been attended.                            | from year 1 to 6           |
|                           |                                  | Premium to cover children in    | been attenueu.                            | opportunity to attend      |
|                           | 12 HLTA days                     | school while teacher off site.  |   | out-of-school              |
|                           | £720                             |                                 |   |                            |
|                           | 1,20                             | £720                            |   | event/festival/activity    |
|                           |                                  |                                 |   | Next Steps::               |

|   |   |   |  | More sourcing of reception children opportunities |
|---|---|---|--|---|
| Coaches for transport   | 13 coaches<br>Total £2700                               | Coaches arranged for transport to inter-school competition and sports festivals.  12 events (See Appendix 2 for events attended)  Total £2700 | Children able to take part in full range of PE events and experiences, including competitive events, sports festivals and coaching/teaching opportunities arranged by the PE lead. | See above   |
| Attend inter school sporting events – suitable supervision – additional TA hours if in afternoon. | TA to accompany sports events 12 events - ` <b>£400</b> | Additional staff member to accompany team to sporting event.  Total £400  | Facilitate attendance of events and associated success (see above )  | See above   |
| Total   |   | Total Spend £17,908   |  |   |

## Appendix 1:

## PE Equipment Purchased 2023-24

|       | www.sportse | lirectors.c          | om  |        |          |        |
|-------|-------------|----------------------|---|--------|----------|--------|
|       |             |                      |   |        |          |        |
|       |             | Code                 | Item  | Price  | Quantity | Total  |
|       |             | mb402                | softy ball multibuy                             | 42     | 1        | 42     |
|       | 330         | p715                 | 12 quoits                                       | 20     | 1        | 20     |
|       |             | S1417                | flat agility dots x 20                          | 20     |          | 40     |
|       |             | C429/3               | airball for cricket                             | 20     | 15       | 30     |
|       |             | B1375                | multibuy everlast premium baske                 |        |          | 510    |
|       | - 04        | MB133/5              | 20 wilson basketball size 5                     | 170    |          | 170    |
|       | 92          | 1106040              | orange netball bibs                             | £22.00 |          | £22.00 |
|       |             | J1060/S              | sky blue netball bibs                           | £22.00 |          | £22.00 |
|       |             | F1728                | squeeze whistles                                | £6.00  |          | £18.00 |
|       |             | R11767B              | rugby tag belts                                 | £24.00 |          | £24.00 |
|       |             | A583                 | foam javelin                                    | £7.00  | -        | £35.00 |
|       |             | A1030                | vortex howler                                   | £14.00 |          | £70.00 |
|       |             | M1072                | dual timers x 5                                 | £14.00 |          | £27.00 |
|       |             | f1326                | sondico electric pump                           | £90.00 |          | £90.00 |
|       |             | A428                 | long jump mat                                   | £85.00 |          | £85.00 |
|       | 31          | A420                 | long jump mat                                   | 200.00 | · '      | 200.00 |
|       |             |                      | Sportsdirectory total:                          |        |          | 1205   |
| Espo: |             |                      |   |        |          |        |
|       |             | x119211              | 32 ball trolley                                 | 123.5  | 1        | 123.5  |
|       |             | x111918              | hockey sticks - school                          | 68     | 2        | 136    |
|       |             | x135274              | bucket airflow balls                            | 29.5   | 1        | 29.5   |
|       |             | 3E+05                | box lids  | 1.77   | 4        | 7.08   |
|       |             | 3E+05                | 65 litre box                                    | 5.3    | 6        | 31.8   |
|       |             | 8010                 | table tennis balls                              | 15.4   | 1        | 15.4   |
|       |             | x119252              | goalball  | 53.5   | 1        | 53.5   |
|       |             | db1016-6             | dodgeball primary set mixed colo                | 43.5   | 1        | 43.5   |
|       |             |                      | Espo Total=                                     |        |          | 440    |
|       |             |                      | Lapo rotal-                                     |        |          | 770    |
| Bisho | p Sport and | Leisure              |   |        |          |        |
|       |             | SE1353-4             | flexitubs set of 4                              | 24     | 1        | 24     |
|       |             | SE1353-4<br>fb2650-2 | samba futsal goal pair                          | 257    | 1        | 257    |
|       |             | fb4020-2             | samba rutsai goai pair<br>samba match goal pair | 130    |          | 130    |
|       |             | 104020-2             | Samua materi goal pair                          | 130    | -        | 130    |
|       |             |                      |   |        |          | 0      |
|       |             |                      |   |        |          | 0      |
|       |             |                      |   |        |          | 0      |
|       |             |                      |   |        |          | 0      |
|       |             |                      | SportsdirectBishop Sport                        | total: |          | 411    |
|       |             |                      |   |        |          |        |
|       |             |                      | Total   |        |          | 2056   |
|       |             |                      | Total Equipment:                                |        |          | 2056   |

### Appendix 2:

# Wreningham Inter School Sports 2023-2024 Participation & Achievements:

S. Norfolk School Games Girls Football Tournament - October 2023
Year 5/6 2 Girls Teams competed (16 children)
Team silver position - qualified for county finals in March 2024

Year 3/4 2 Girls Teams competed (16 children - 8 for first time))

- 2. Inter Primary School Netball Tournament February 2024 21 Year 5/6 children attended (19 for first time) 3 teams Tournament Champions and Tournament Runner-up
- 3. Norfolk School Games County Girls Football Finals March 2024 7 Year 5/6 children attended Incredible achievement: played 7 games, W3, D3, L1
- 4. Norfolk School Games Hockey Festival March 2024 Year 3 attended (all for first time)

#### Updated Since Document uploaded to Website on April 1<sup>st</sup> as required:

- 5. Norfolk School Games Tag rugby festival for Year 5/6 April 2024 22 children attended (all for first time)
- 6. Norfolk School Games Year1/2 Cricket Festival April 2024 Year 26 attended (half for first time)
- 7. Norfolk School Games Tag rugby festival for Year 3/4 May2024 Year 4 attended (all for first time)

8. Norfolk School Games South Norfolk Netball Tournament at UEA- June 2024 16 Year 5/6 children attended - 2 teams

Tournament Champions and Tournament Runner-up

 Norfolk School Games South Norfolk Mixed Cricket Tournament- June 2024 20 Year 5/6 children attended - 2 teams Tournament Runners-up

Norfolk School Games South Norfolk Girls Cricket Tournament- June 2024
 Year 5/6 children attended - 2 teams
 Tournament Winners

11. Norfolk County Girls Cricket Finals - June 2024
10 Year 5/6 children attended - 1 team
Tournament Plate winners

12. Norfolk County Mixed Cricket Finals - June 2024 10 Year 5/6 children attended - 1 team Tournament Plate winners

### Appendix 3:

# Wreningham Inter School Sports 2022-2023 Participation & Achievements:

- 1. Wymondham Tag Rugby Tournament October 2022 Year 5/6 Class Girls/Boys competed- half for the first time 3 Teams won their individual group tournaments unbeaten
- 2. South Norfolk Girl's Football Tournament March 2023 16 Year 5/6 girls and 14 Year 3/4 girls 18 for first time
- 3. Inter Primary School Netball Tournament March 2023 14 Year 6 children to attend
- South Norfolk Mini Tennis Festival Feb 2023 (postponed until May 2023)
   Year 3/4 children to attend - all for the first time
- 5. South Norfolk Kwik Cricket Festival March 2023 20 Year 1/2 children to attend
- 6. School Games Norfolk Netball Tournament at UEA May 2023
  14 Year 5/6 children attended
  Tournament Champions and Tournament Runners-Up both teams reached the final
- 7. School Games South Norfolk Girls Cricket Tournament June 2023 16 Year 5/6 children 2 teams 10 for first time

#### Tournament Champions - qualified for County Finals

 $8.\ School\ Games\ South\ Norfolk\ Mixed\ Cricket\ Tournament-June\ 2023$ 

16 Year 5/6 children - 2 teams - 6 for first time Tournament Champions - qualified for County Finals

9. School Games Tri Golf Games Values Festival – July 2023

10 Year 3/4 children - all for first time

10. Norfolk County Cricket Girls Finals Tournament – July 2023

9 Year 5/6 children

Tournament County Bronze medal from 16 teams

11. Norfolk County Cricket Mixed Finals Tournament – July 2023

8 Year 5/6 children

Tournament 6th position from 16 teams

12. Women's World Cup Festival for Girls Football - July 2023

26 Year 3/6 girls

13. Wreningham Annual Summer Sports Day – July 2023

Whole school participation both in inclusive team House events and individual races

### Appendix 4:

## Wreningham Inter School Sports 2021-2022 Participation & Achievements:

1. Wymondham Tag Rugby Tournament - July 2021

26 Year 5/6 Girls/Boys competed- All for the first time Tournament Runner-up

2. Heathersett and Tas Valley Cricket Club Festival - July 2021

15 Year 1 children attended - all for first time

3. South Norfolk Girls Football Tournament - Oct 2021

8 Year 5/6 Girls and 8 Year 3/4 Girls competed- 10 for the first time Both Teams Group Runners-up

4. Year 5/6 South Norfolk Basketball Tournament – Feb 2022

3 teams competing (24 children – most for first time!) Wreningham Rockets - Runners-up

5. Gresham School - Norfolk County Netball Tournament - March 2022

18 Year 5/6 Girls/Boys - all for the first time

6. School Games Hockey Festival (Years 3 to 4) - March 2022

20 children taking part – all for first time

7. School Games Tag Rugby Festival – March 2022

20 girls / boys taking part – 10 for the first time

8. South Norfolk School Games KS1 Kwik Cricket Festival - March 2022

20 boys/girls from Class 1 taking part – all for first time

### Appendix 5:

# Wreningham Inter School Sports 2019-2020 Participation & Achievements:

(Due to Covid restrictions, no activites were available between Sept. 2020 to July 2021)

- 1. South Norfolk Girls Football Tournament Oct 2019
- 8 Year 5/6 Girls and 8 Year 3/4 Girls competed- 10 for the first time Both Teams Group Runners-up
- 2. Wymondham Cluster Swimming Gala (Years 3 to 6) Nov 2019 30 children compete
  - 2 gold medals
- 3. South Norfolk Swimming Gala Finals (Years 3 to 6) Jan 2020 Wreningham Represented in 2 races Gold medal boys backstroke
- 4. CSF Premier Stars Football Tournament (boys) Jan 2019
- 8 boys competed Group Winners Quarter Finalists
- 5. CSF Premier Stars Football Tournament (girls) Jan 2019
- 8 boys competed in tournament for first time

6. South Norfolk School Games Sportshall Athletics Year 3/4 - Jan 2019

10 boys & 10 girls competed – 12 for first time Girls Qualify for County Final – Boys 3<sup>rd</sup> places

School Games County Sportshall Athletics Finals Year 3/4 - Feb 2020

10 girls compete in Large Schools Event

- Silver medal position in Field Events 6<sup>th</sup> place from 16 overall
- 6. Year 5/6 South Norfolk Basketball Tournament Feb 2020 3 teams competing (26 children most for first time!)
   Wreningham Division 1 Champions & Division 2 Runners-up
- 7. School Games South Norfolk Tag Rugby Finals March 2020

2 teams (20 children compete – 10 for first time)

- South Norfolk Champions for second consecutive year

Unfortunately, due to the Covid-19 school closures, further participation in intra/inter-school events, including the Norfolk School Games has not been possible from March 2020

## School Games Sports Partnership Statistics: 2019-20

Total Number of Participant Places in All School Games Events from Year 3 to 6:

=124 participant places

The School Games Mark is a Government led awards scheme launched in 2012 to reward schools for their commitment to the development of competition across their school and into the community. Schools in England are able to assess themselves across Bronze, Silver and Gold awards criteria.



### Appendix 6:

# Wreningham Inter School Sports 2018-2019 Participation & Achievements:

1. South Norfolk Girls Football Tournament - Oct 2018

Year 5/6 Girls and Year 3/4 Girls compete 8 girls and 8 girls Both Teams Runners-up – beaten in extra time

2. Tag Rugby Wymondham Cluster Tournament - Nov 2018

3 teams (30 children compete)

Winners Team 1– Qualify for South Norfolk Finals
 Semi-Finalists Team 2, Team 3 5th Place (from 9 teams)

- 3. Wymondham Cluster Swimming Gala (Years 3 to 6) Nov 2018 30 children compete
  - 3 children selected for South Norfolk finals
- 4. CSF Football Tournament (boys and girls) Jan 2019 Group Runners-up Unbeaten
- 5. Sportshall Athletics Year 4/5/6 Tournament- Jan 2019
- Wymondham Winners Qualify for South Norfolk Finals 10 boys 10 girls compete
- 6. Sportshall Athletics Year 3/4 Tournament- Jan 2019
- Wymondham Winners Qualify for South Norfolk Finals

10 boys 10 girls compete

7. South Norfolk Indoor Athletics Year 5/6 Finals - Jan 2019 Winners - Qualify for School Games County Finals

10 girls and 10 boys compete

8. South Norfolk Indoor Athletics Year 3/4 Girls Finals - Jan 2019 Winners - Qualify for School Games County Finals

10 girls compete

9. South Norfolk Indoor Athletics Year 3/4 Boys Finals - Jan 2019 Runners-up - 10 boys compete

10. Norfolk School Games County Sportshall Athletics Finals- Feb 2019 Year 5/6 Boys, Year 5/6 Girls and Year 3/4 Girls

- Year 3/4 Girls Silver Medal Winners 10 girls compete
- Year 5/6 team 4<sup>th</sup> place

10 boys and 10 girls compete

- 11. Year 5/6 South Norfolk Basketball Tournament March 2019
- 3 teams competing (24 children most for first time!)

Wreningham Finalists - Win Silver Medal

#### 12. Wymondham Cluster Quad Athletics Tournament – April 2019

- Year 3/4 Team and Year 5/6 teams competed Wreningham Year 3/4 Winners - qualify for S. Norfolk Finals 10 children compete Wreningham Year 4/5 Winners - qualify for S. Norfolk Finals 10 children compete

#### 13 Wymondham Schools Netball Tournament – May 2019

- Two teams competing (18 children – most for first time!)
Wreningham Small School Champions – qualify for S. Norfolk Finals
18 children compete

- 14. Year 5/6 Tag Rugby South Norfolk Finals May 2019 10 children
- Winners South Norfolk Champions
- 15. Wymondham Kwik Cricket Mixed Tournament May 2019
- 20 children 10 experiencing tournament for first time 3rd Place
- 16. South Norfolk Year 3/4 Kwik Cricket Festival May 2019
- 10 children experiencing cricket for first time
- 17. South Norfolk Year 3/4 Tag Rugby Festival May 2019
- 20 childrene xperiencing tag rugby for first time

- 18. South Norfolk Girls Kwik Cricket Mixed Tournament June 2019 20 children
  - 2 teams 10 experiencing tournament for first time

Champions - Qualify for County Finals at Norfolk Cricket Club

- 19. South Norfolk Quad Athletics Finals Year 3/4 June 2019
- 10 children 4 experiencing competition for first time

Winners - Qualify for County Finals

- 20. South Norfolk Quad Athletics Finals Year 5/6 June 2019
- 10 children 2 experiencing competition for first time

Winners - Qualify for County Finals

- 21. County Quad Athletics Finals Year 3/4 June 2019
- 10 children

8th Position from 15 mainly large school teams

- 22. County Quad Athletics Finals Year 5/6 June 2019
- 9 children

12th Position from 14 mainly large school teams

- 23. County Girls Kwik Cricket Finals Year 5/6 June 2019
- 10 girls compete

Group Winners - Quarter Final Winners - Semi-Finalists (Lost by 7 runs)

- 24. County Netball Finals Year 5/6 June 2019
- 8 children compete

COUNTY CHAMPIONS - Gold medal



## School Games Sports Partnership Statistics: 2018-19

Total Number of Participant Places in All School Games Events from Year 3 to 6:

## =374 participant places

The School Games Mark is a Government led awards scheme launched in 2012 to reward schools for their commitment to the development of competition across their school and into the community. Schools in England are able to assess themselves across Bronze, Silver and Gold awards criteria.

### Appendix 7:

## Wreningham Inter School Sports 2017-2018 Participation & Achievements:

- Tag Rugby Wymondham Cluster Tournament 30 children competed Nov 2017 Winners Team 1– Qualify for County Finals
   Semi-Finalists Team 2, Team 3 5th Place (from 9 teams)
- 2. South Norfolk Girls Football Tournament Nov 2017 Year 5/6 Girls compete & and Year 3/4 Girls compete for first time

Winners Team 1- Qualify for School Games County Finals

- 3. South Norfolk Cross Country Competition (Years 3 to 6) Nov 2017 LT 4<sup>th</sup> place Qualifies for County Final
- 4. CSF Football Tournament (boys and girls) Jan 2018
   3<sup>rd</sup> in Group
- 5. Sportshall Athletics Year 4/5/6 Tournament- Jan 2018
- Wymondham Winners Qualify for County Finals
- 6. Sportshall Athletics Year 3/4 Tournament- Jan 2018
- Wymondham Winners Qualify for County Finals

South Norfolk Indoor Athletics Year 5/6 Finals - Jan 2018 Winners - Qualify for School Games County Finals South Norfolk Indoor Athletics Year 3/4 Girls Finals - Jan 2018 Winners - Qualify for School Games County Finals

7. South Norfolk Indoor Athletics Year 3/4 Boys Finals - Jan 2018

Winners – Qualify for School Games County Finals

- 10. Norfolk School Games County Sportshall Athletics Finals- March 2018
- Year 5/6 Small Schools Gold Medal Winners
- Year 3/4 Boys All Schools 4<sup>th</sup> Place (One point off silver medal)
- Year 3/4 Girls All Schools 6<sup>th</sup> Place
- 11. School Games County Cross Country Finals March 2018

LT – 17<sup>th</sup> place from field of 80! Well done LT!

12.South Norfolk Basketball Tournament – March 2018 - Three teams competing (24 children – most for first time!)

Wreningham Finalists - Win Silver Medal

13. School Games County Girls Football Finals – March 2018

Year 5/6 Girls Bronze Medal Playoff Finalists – Overall 4<sup>th</sup> in County

14 South Norfolk Small Schools Tag Rugby Finals – April 2018 best 14 teams in S.Norfolk - Two teams qualified – 20 children competed 5<sup>th</sup> place and 8<sup>th</sup> place

#### 15. Wymondham All Schools Cluster Quad Athletics Tournament – April 2018 - Year 3/4

Team and Year 5/6 teams competed

Wreningham Year 3/4 Winners - qualify for S. Norfolk Finals - Year 4/5 Winners - qualify for S. Norfolk Finals

#### 16 Wymondham Schools Netball Tournament – May 2018 - Three teams

competing (22 children – most for first time!)

Wreningham Cluster Champions – qualify for S. Norfolk Finals

#### 17. Wymondham Schools Netball Tournament – May 2018

- Team of 5 year 3 and 5 year 3 girls competing – inclusive event allowing participation of children not able to compete in all types of event. -  $5^{th}$  Place from  $11^{th}$  competing schools

#### 18. South Norfolk Quad Athletics Tournament – May 2018

- Year 3/4 Team and Year 5/6 teams

Wreningham Year 3/4 Winners - qualify for County Finals - Year 4/5 Winners - qualify for County Finals

#### 19. British Hockey Emerging Schools Tournament- May 2018

- 3 teams taken – 18 children – first time in hockey tournament

All three teams finished  $2^{nd}$  in their tournament groups

#### 20. Wymondham Kwik Cricket Mixed Tournament - May 2018

- 10 children – 7 experiencing tournament for first time - 2<sup>nd</sup> in Small Schools competition

#### 21. South Norfolk Netball Tournament – May 2018

- 2 Teams competing

First team win South Norfolk Gold, 2<sup>nd</sup> team 5<sup>th</sup>

- 22. South Norfolk Girls Cricket Tournament May 2018
- 2 Teams competing

South Norfolk Winners and South Norfolk Runners Up,

- 23. Norfolk School Games County Netball Finals June 2018
- 2 Teams competing

Norfolk County Gold Medal Winners

24. Norfolk School Games County Quad Athletics Finals – June 2018 - Year 3/4 Team and Year 5/6 Team Qualified

Year 3/4 Norfolk County Silver Medal Winners Year 5/6 Norfolk County 4th Place

25. Norfolk School Games County Girls Cricket Finals – June 2018 - Year 5/6 Team Qualified as South Norfolk Champions
Year 5/6 Norfolk County Silver Medal Winners

- 26. Year 4/5 Olympic Day Wymondham College July 2018 30 Children attended inclusive multi sports activities.
- 27. Wreningham Sports Day 13<sup>th</sup> July
  Multi-sports/Athletics House competition Relays, sprints and long distance Both individual and team events. Fully inclusive R to Yr6.
- 28. Wreningham School Games Sports Finals Day 18<sup>th</sup> July
- Culmination of intra-sports competitions organised and officiated by Sports Captains

### Appendix 8:

# Wreningham Inter School Sports 2016-2017 Participation & Achievements:

- 1. Tag Rugby Wymondham Cluster Tournament 30 children competed Nov 2016 Winners Team 1- Qualify for County Finals and Semi-Finalists Team 2, Team 3th Place (from 9 teams)
- 2. South Norfolk Tag Small Schools Rugby Finals Jan 2017
- 5<sup>th</sup> Place Play-off Winners (Unbeaten all tournament) Qualify for County Finals
- 3. CSF Football Tournament (boys and girls) Jan 13<sup>th</sup> 2017
- $-3^{rd}$  in Group -8 girls first experience of competitive football
- 4. Sportshall Athletics Tournament- 17<sup>th</sup> Jan 2017
- Wymondham Cluster Winners
- 5. South Norfolk Sportshall Small Schools Athletics Finals 24<sup>th</sup> Jan 2017
- Winners- Qualify for County Finals
- 6. Norfolk School Games County Small Schools Tag Rugby 1st Feb 2017
- Qualify for Cup Round 7<sup>th</sup> place play-off winners from 14 Finalists
- 7. South Norfolk Basketball Tournament 8th Feb 2017
- 24 children given opportunity to compete

- 8. Norfolk School Games County Sportshall Athletics Tournament- 3<sup>rd</sup> March 2017
- County Silver Medal Winners
- 9. Cluster Netball Tournament May 2017
- 24 children volunteering to compete
- 10. South Norfolk Netball Tournament May 2017
- Two teams competing One team qualified for Norfolk County Final
- 11. Whole School Race for Life organised by School Council April 2017 Total of 500 km run by whole school in total
- 12. Cluster Mixed Kwik Cricket Tournament at Melton Cricket Club June 2017 Two teams competed One team qualify for South Norfolk Finals
- 13. South Norfolk Mixed Kwik Cricket Finals June 2017
- Third place Wreningham ensured teams contained 50% boys 50%\_Girls
- 15. South Norfolk Girl Cricket Tournament June 2017

Two teams competed (20 children) – Third and fourth place.

- 16. Norfolk School Games County Netball Finals June 2017
- County Bronze Medalists
- 17. Olympic Legacy sports event at Wymondham College July 2017
- All year 4 and 5 children

## Appendix 9:

## School Games Platinum Award 2022-23:

## Additional Case Study Element of Award

Platinum Award gained following 5 consecutive annual gold awards and commended platinum application.

The award is now held for 2 academic years:

2023 to 2024 and 2024 to 2025



FOR PLATINUM 2022/23

Wreningham VC Primary School















| General Information                       |   |
|---|---|
| Name of person completing the application | Mr R. S. Hodge BSc(Hons), MSc, PGCE<br>Year 5/6 teacher / PE Co-ordinator |
| School name                               | Wreningham VC Primary School  |
| SGO name/s                                | Mrs Laura Goodswen<br>South Norfolk Sports Partnership                    |

#### Context

| Which platinum       |
|----------------------|
| question does your   |
| case study refer to? |

(Please delete the questions which <u>do</u> <u>not</u> apply)

Demonstrate how you have embedded positive experiences of competition into your offer and how this has made a difference to your uptake

## Background information

**Our Vision and Intent** 

For all children to enjoy being active and experience excellent physical education, school sport and physical activity: promoting an active and healthy lifestyle that will lead to life-long participation.

In addition, to develop agility, balance and coordination, foster respect, resilience and determination, and provide opportunities for collaboration and communication.

Wreningham is committed to the provision and encouragement for all our children to actively take part in sport and physical activity, and to providing real competitive experiences for as many children as possible. It has become evident that once our children leave primary school and begin their high school journey, many never get the opportunity to compete at inter school level again, and possibly may not ever take part in competitive sport again. We see it as our job to provide these opportunities in the hope it will encourage future lifelong participation in sports, whether inside or outside a school setting, instilling the love of sport and physical activity. 'Competitive' at Wreningham does not come with the connotation of 'must win' (although due the determination, hard work and sheer love of taking part, Wreningham children have been fortunate enough to experience many successes). The aim is to enable children to be competitive in the sports and activities they take part in, ensuring they possess the knowledge, confidence and skills which are essential in enabling that enjoyment, fun and sense of achievement which are fundamental in creating a positive experience.

Initial experience of competitive activity stems from intra-school, house, competition as well as PE lesson activities. In addition, the idea of personal best, self-challenge activities is a fundamental part of Wreningham's approach. The mantra 'you are competing against yourself', or 'yesterday's you', is often used to crystallise that idea to the children that competition is an effective way to progress and improve oneself.

As a result of this ethos, <u>every</u> child in upper KS2 took part in <u>at least 2</u> competitive interschool events in the 2022-23 school year, <u>inclusive of all genders</u>, <u>SEND</u> or <u>ability</u> – an achievement few schools would be able to claim. This focus on opportunity and positive promotion of competitive activities as enjoyable, satisfying and fun experiences has continued to be a focus, with <u>all the events offered being oversubscribed</u> in relation to children expressing a real desire to take part a (resulting in constant requests for additional team entry places).

Consequently, this year we have taken 3 three rugby teams, two cricket teams, two netball teams and four girls football teams (practically all the girls in KS2) to events this year, where other schools may have been prepared to take one. In 2022-23, 100% of children in years 3, 4, 5 and 6 (all KS2) have competed in interschool events or attended external sporting events and activities. This is a result of the promotion, perception and consistent voice that competing can be for everyone in our school.

## Which School Games outcome did it focus on?

Two School Games outcomes are key in this:

- create positive experiences by ensuring physical activity and competition provision is designed to reflect the motivation, competence and confidence of your young people and has a clear intent
- create positive experiences to support character development of targeted young people

Embedding the idea that competing should hold no fear or barrier for any child in school is paramount from reception through to year 6, and visibility and opportunity have been key to this.

The older children teach, support and deliver PE and activity session, both in lesson time (through year 6 supporting delivery of REAL PE lessons), and during break-times, where the Sports Leaders deliver skills sessions, competitions and personal best challenges. Being a small school, every child knows every child by name: this allows a much more personal, caring approach to be taken from the children themselves when organising, officiating and teaching sports and physical activities. Friendly rivalry between the Houses enables competition with respect, and Sports Leader intra-school competitions are tailored to the needs of the children involved – whether that be by modifying pitch size, rules, equipment size, or providing one to one personal support.

Positive experience are created through older children introducing challenges, sports and activities in a friendly, 'safe' and fun environment at an early stage in their school life.

In addition, teacher led activities and sports are delivered with the needs of their children in mind, including providing opportunity to take part in competitive School Games events. Opportunities and roles are sought for all children, enabling them to feel part of the competitive team. This year, Wreningham has ensured children with medical and SEN considerations to be involved fully and positively in the events we have taken part in, as well as in our day to day curriculum and extra-curricular activities. Although this may seem to be addressing a solely 'inclusivity' question, it is in the idea that there are ways to compete and feel that you are part of that competitive team. Feeling included is not the same as feeling you are competing with your classmates.

#### Intent

What motivated and drove it to happen?

How was the issue / need identified?

The last ten years has seen sports provision, and involvement in competition progress hugely in Wreningham. As PE co-ordinator during this period, there were several factors which came together to drive and promote the importance of positive competition in school. Initial pupil surveys at this time highlighted the reluctance of children in our small school to want to compete against other schools, expressing unhappiness with 'always finishing last', or 'we always get beat by big scores'. An empty sports cabinet was another negative perception of what competition could actually mean in our school.

The current positive impact of women's football has often used the mantra, 'if you can see, you can do it', to influence those girls who may have never envisaged football as a sport for them. A cabinet with a small, lonely individual 'well done for turning up' trophy can have the exact opposite effect.

Only children who were highly proficient, or highly 'competitive' were keen to take part, with many unwilling to volunteer with enthusiasm for such experiences. This is what we set about to tackle – that competition was not fun, not for everyone and not everyone is worthy to compete.

At about the same time, the 2012 Olympic Games in London had a huge impact on the country, and children were genuinely interested and enthused by sport. The following government funding and promotion of the School Games and Sports partnerships meant there was a superbly organised resource from which children could benefit in all number of ways, if they could be persuaded to take part with a positive view.

It was clear that empowering children with the skills, knowledge and self-belief that they could enjoy competing from a confident stance was essential. Our school has worked hard over this time to embed competition across a whole range of sports and activities, with huge positive backing from the head teacher, who is always prepared to allow children to attend events, recognising the incredible positive impact this has on children's view of school, their well-being and development of the whole child.

A whole range of after school sports clubs have been consistently delivered over this time, along with other clubs through external agencies. Within school, children now have the opportunity to attend sports and physical activity clubs every day of the school week.

#### Context

What activities were delivered?

There are 3 elements into embedding positive experiences of competition into Wreningham's PE offer:

- 1. Curriculum time
- 2. Extra-curricular in-school and extended school provision
- 3. Inter School Competition through the School Games

Over the last few years, Wreningham has developed a strong PE provision across the school, ensuring each class takes part in two hours of focused PE activity. Within this provision we teach an effective balance of physical literacy (with a focus ion fundamental movement skills of balance, coordination and agility) taught through the REAL PE scheme for one hour Whilst fundamental skills are being taught and developed, the REAL PE session incorporates skill-specific games and competition, with <a href="emphasis on critically seeking ways to improve">emphasis on critically seeking ways to improve</a>, celebrating success, acknowledging each other's performance. A second weekly hour long PE lesson teaches a planned range of explicit sports and activities where these skills can be applied in a competitive setting. This has allowed us to transfer the positive social and physical skills into the competitive arena. We feel this is the ideal approach to build in that acceptance of winning and losing and treating 'those two imposters the same'.

After-school sports clubs are delivered throughout the school week, and are often aligned with the School Games event timetables in order to equip children with the skills, insight and valuable time to practise in a particular activity. Children who are equipped to compete are much more likely to view competition positively. This year alone, children in Key Stage 2 have been able to attend a whole range of afterschool clubs to learn skills, gain knowledge and compete in a positive, fun, safe environment:

- tag rugby
- Cricket
- Basketball
- Hockey
- Netball
- table tennis
- dodgeball
- girls football
- mixed football
- indoor/sports hall athletics

and have experience of lesser known sports of lacrosse and goalball.

Key Stage 1 children have had the opportunity to attend after school tennis and football skills and fun competition.

As mentioned previously, the School Games and Sports Partnership offer is a huge part of sporting life at Wreningham. Everyone has the opportunity to compete, and is encouraged to do so, both by the teacher, but more importantly by the testimonies, reports and visibility of those children through the school who report back their experience. This may be to the class explicitly, or in assemblies, in the school newsletter, on the PE noticeboard or on the school website. This is an essential element of creating that positive view of competition in our school.

Successes are celebrated, and while not the be all and end all, seeing an child you know (who may be teaching you how to throw and catch at lunchtime) bring back a medal to show in assembly, does send a positive message of 'you could do that too'. Certificates are always awarded for competing, not just for winning, and the determination, resilience and enthusiasm to take part is celebrated and valued – and it is important that all the children see this.

Who delivered the activities?

Where and when did they happen?

What were the timescales?

What partners did you work with if any?

There is an after school club delivered every day of the week for the majority of the school year. The PE co-ordinator delivers clubs 4 days a week, with the head teacher delivering a lower Key Stage 2 multisports each term also. To ensure there were no additional barriers to children attending, and to promote the importance our school places on physical activity and competitive sport, these clubs never incur any charge for the children. Clubs involve skill,s practise and competition. Teaching children how to compete positively is an essential element. Children are taught how they should respond to competitors with respect, shaking hands, and complementing success. We aim to ensure our children then know instinctively how to compete positively, displaying these behaviours in higher, inter-school competition.

In addition, lunchtime girls' football sessions were delivered twice a week by the PE co-ordinator in the autumn term. These sessions were primarily introduced to remove the negative view of competition, particularly when faced with children from outside school – with two girls in particular, expressing reluctance to move past the skills session element of the sport. Careful building up from 1 on1, through to small sided games enabled them to build confidence and change their initial mind-set.

Additional weekend sessions at the GOALs football centre for those girls (particularly in year 3 and 4) who were anxious about competing in an inter-school football tournament for the first time.

This resulted in a huge positive impact, with all those who were initially reluctant to compete, expressing enthusiasm and excitement to attend the actual tournament.

Following the tournament, several girls have now taken up after school club football, and one year 5 year who was particularly anxious prior, has joined an out-of-school weekend girls' team in Wymondham.

Throughout the year, the House Sports Leaders (or Sports Crew), have met regularly to organise, deliver and officiate intra school sport and activities during break and lunchtimes). After initial support and with guidance last year from the previous crew, they have delivered quality sessions involving competition and personal challenge across a range of sports:

- Basketball
- Netball
  - Tennis
- Hopscotch
- Sport hall athletics

Personal challenges are a great route to encourage those children who feel intimidated, afraid or just unsure about the idea of competition, and there will always be those for whom competing is just not 'their thing' – and this is fine. The personal challenge approach, which the Sports Leaders can deliver effectively in the more unstructured periods of the day, has shown to be hugely popular and enjoyable for many children in school, including the very youngest. Attempting to better that personal best each day, and being acknowledged and celebrated by the older children is a hugely enjoyable and exciting experience for our youngest children. Having these older role models, who are displaying the respect, determination, enjoyment and ability in a whole range of sports gives youngest children that aspirational figure to model themselves on as they move up through the school.

All the above activities involve competition, but always framed within the values of our school – of resilience and determination, and of respect for the opposition and each other.

External providers deliver KS1 tennis and football across the whole reception to year 6 age group.

Wreningham has made extensive use of the South Norfolk Sports Partnership offer and the School Games. We competed in many of the competitions on offer in 2022-23, and across the age groups from year 1 to 6:

- Wymondham Tag Rugby Tournament October 2022
   Year 5/6 Class Girls/Boys competed- half for the first time
   3 Teams won their individual group tournaments
- South Norfolk Girl's Football Tournament March 2023 16 Year 5/6 girls and 14 Year 3/4 girls - 18 for first time Tournament Champions
- Inter Primary School Netball Tournament March 2023 14 Year 6 children attended Tournament Champions
- South Norfolk Kwik Cricket Festival March 2023 (rearranged to July 2023)
   Year 1/2 children attended - majority for first time

- School Games Norfolk Netball Tournament at UEA May 2023 14 Year 5/6 children to attend Tournament Champions - and Tournament Runners-Up
- School Games South Norfolk Girls Cricket Tournament June 2023 16 Year 5/6 children - 2 teams - 10 for first time Tournament Champions - qualified for County Finals
- School Games South Norfolk Mixed Cricket Tournament June 2023 16 Year 5/6 children - 2 teams - 6 for first time Tournament Champions - qualified for County Finals
- School Games Tri Golf Games Values Festival July 2023
   Year 3/4 children all for first time
- Norfolk County Cricket Girls Finals Tournament July 2023
   Year 5/6 children
   Tournament Bronze medal from 16 teams
- Norfolk County Cricket Mixed Finals Tournament July 2023
   Year 5/6 children
   Tournament 6th position from 16 teams
- Women's World Cup Festival for Girls Football July 2023
   Year 3/6 girls

#### **Impact**

Who was engaged / who did the work reach?

Who was impacted?

The above narrative focuses on the 'big picture', how the school as a whole has ensured that positive competition is embedded in school life. However, this does not highlight those individual stories and successes which have resulted from the whole school approach. It may be useful and highlight some example of 'real' children who have taken that step and embraced the idea of competition where previously this was a perceived negative experience.

There are always children who may be reluctant to take part, and children are identified at the beginning of each school year in order to encourage, nurture and support them in taking those steps to taking a more active role in completion. For example, this year there were several pupils in KS2 for whom inter school competition in particular was either a worrying thought, or was perceived as prohibitive for them, in a negative way. The following case studies are a selection of pupils who have changed their perception of competition in school and chosen to make positive decisions to involve themselves in competition. They now view competition as a positive, enjoyable and accessible thing to take part in.

#### Case Study 1:

A child (child A)with haemophilia, who felt they would not be able to take part in those risky impact games and competition was fully included through modification of rules in tag rugby, creating non-impact zones. 'R' was able to fully take part in the School Games festival through the skills sessions and felt fully involved in the competition element through a team management role. This has had a clear impact of child A's view of competition in school, and for the first time they are positively volunteering to take part, knowing a sensitive and enjoyable provision will be made.

#### Case Study 2:

A child(child B) diagnosed with ME, has attended competitive sports events through the partnership offer for the first time in their school life, changing their view of competitive sport and creating a new enthusiasm for sports they may never have imagined competing in. Child B commented specifically on their end of year report about how proud and enthused they were to compete. The inclusive nature of the School Games delivery of events also played its part, enabling child B to take on a team photographer role when their medical condition proved a barrier, but still enabling child B to feel part of the competitive team. Following their experience, child B then chose to attend additional after school sports clubs for the first time, including table tennis, netball and their 'favourite', cricket.

#### Case Study 3:

Child C, who had never previously attended any after school sports clubs, or volunteered to take part in inter-school competition, was encouraged by her friends' talking about how they'd enjoyed the previous year's events. With some guidance and initial encouragement ,child C' joined the after school rugby club and soon began to realise they did quite enjoy the competition. This resulted in child C competing for the first time in an inter-school competitive event, and even mentioning her change in mind-set and positive view of completion in PE at high school during her end of year leaving speech.

#### Case Study 4:

This example involves a group of children who have taken on board all of the ideas, teaching and guidance of how positive competition is embedded and discussed in our school. During the South Norfolk Netball finals at the University of East Anglia. A group of children on one of the Wreningham teams watched a younger team take part and commented on how it was respectful for the other teams to just keep scoring net after net when they knew the other team were easily beaten. When I asked them s what they were going to do when they played against them, the children came up with a way to win the game respectfully yet enable the other team to feel they had competed, and maybe even score their very first net (which they did). When they saw how happy the other team were, they decided as a team that if they won the tournament, they would give away their precious gold medals to the year 3 children.. They then went on to win the tournament and duly gave their medals away with no hesitation. They displayed a wonderful insight into positive competition – highlighting the approach our school has taken. Their understanding of what positive competition means, and their understanding of when a game was not competitive was insightful: the medal didn't mean as much to them as the impact they had made on the other team. This was a wonderful example of taking those ideas learned from their PE lessons, competitive events and after school clubs and putting them into practise.

## How did this make a meaningful impact on the whole school?

The impact on the whole school of enabling everyone to take part in competition, celebrating not just success, but progress and taking part, and giving those children who have competed a platform to pass on their experiences and their skills has created a continuity across the school in relation to children being willing to give a new competition ,or event, a try. After school club attendances are high, with often over 20 children from a class of 31 attending (with many other children involved in other out of school physical activities such as dance or gymnastics) and children attend regularly – a child dropping out is a rarity. This year especially, inter school competition events have all been oversubscribed and Wreningham could consistently send essentially the whole class to each event.

This is clear evidence of the positive view children reaching Key Stage 2 take in relation to competition.

## What benefits did you observe as a result of the work?

As well as the obvious benefit of children being prepared to compete with respect, enjoyment and determination, their approach and behaviour outside school reflects well on the school as a whole. Promoting a positive view of competition, when children do not need to be worried about losing, and it is the experience and willingness to take part which is important, creates a culture of excellence. The children enjoy the competition, they apply their energy and love of playing, they attend extra sports sessions, and they improve in their ability. Competition is something they are used to, so the fear of the unknown is often take away, so they perform better in their event. When children can see themselves improve, they are winning, and this is what we have found at Wreningham. Children are enthusiastic, proactive – they want to take part.

Hopefully this then meets our intent -

For all children to enjoy being active and experience excellent physical education, school sport and physical activity: promoting an active and healthy lifestyle that will lead to life-long participation.

#### **Challenges**

#### Reflect on the work and consider what challenges were experienced, and how were they overcome?

Providing opportunity, exposing children to a huge range of sports and activities, and investing enough time into each child in order to establish that confidence and ability is a huge outlay at times when workload and expectation in primary school is constantly increasing.

Quality CPD is obviously essential, along with a willingness to provide additional clubs during lunchtime and after school. There is no easy solution to the problem of staff availability and goodwill, and we are fortunate our head teacher supports PE, sport and competition fully at Wreningham: through helping with lunchtime sports and providing multi-sports club for LKS2. Maintaining a consistent positive voice with school, in assembly and through other school outlets is essential in maintaining the message that competition is valued in our school, and that it is a positive things which brings all manner of benefits to our child, both socially and physically.

The PE premium is obviously a huge support in maintaining good equipment and accessing as many events as possible, for as many children as possible.

There is always room for additional events, with local schools and clusters, although, as ever, workload and time is a huge barrier for small schools.

#### **Sustainability**

## How can the work become more sustainable?

The idea of positive competition within Wreningham school is embedded. As such, the objective now is to ensure the same high level of opportunity is provided consistently across the classes, year on year. It is important that children in lower classes who have seen and heard older children espouse how great it was to compete at netball, or play in the cricket tournament, have those opportunities there when it's their turn.

The question is not really as to whether it can be more sustainable, as the sustainability essentially results from the time and effort put in by enthused and dedicated staff. For the near future, this is not a problem. Embedding the positive nature of sport, PE and competition into the bones of the school has been the essential element which will hopefully ensure any future staff understand, acknowledge and maintain the provision.

## What are the next steps?

More access and provision in an extended school setting to externally provided sports activities is an additional way for our school to further embed our positive view of competition. This must be high quality and effective and adhere to the school's ethos, as does our new KS1 tennis club.

If you worked with any partners / community organisations, how do you plan to continue to develop this partnership? In relation to this particular Platinum application case study, our primary partner is the South Norfolk Sports Partnership. We are grateful for their excellence support and provision, and have endeavoured to support the events offered to the fullest. As a small school, we have limited staff resource, with all members of staff responsible for several curriculum areas. The fact that the Partnership organises a range of events covering festivals, fun competition, and more competitive events, creates an invaluable pathway of levelled competition from intra-school class, key-stage/House to interschool competition. Promoting and valuing positive competition without the higher, interschool experiences would really limit our children's experience and growth.

We will continue to support the Partnership to the fullest and attempt to make use of the opportunities they offer.

#### **Top Tips**

As a result of your experience, what advice would you have for others? We have found that in order to create a whole school 'buy-in' to the idea of positive competition, where the vast majority of children across the school are enthusiastic and desperate to take part, it takes huge goodwill, time and effort from members of staff. Without staff to really drive the ethos, invest time in the children and value their decision to have a go, we are simply teaching PE lessons. It's important the member of staff handed the role of PE Co-ordinator shows that total enthusiasm which we would wish to see from the children – it is not a role to just hand out without thought.

Use the School Games and Sports Partnerships – they are an invaluable resource for completion, events, CPD and advice.

Don't send children to events ill-equipped, unknowledgeable or ill prepared – this is not fair and may put them off competition for life. They don't need to be champions, but they do need to have the self belief that they belong on the field and are confident to a level of what they need to do. To view completion positively, children need to have time to practise, and this may need out-o- hours time.

It's important to celebrate success – children like to win the odd medal, and in primary school it may be the only one they ever win, so it's important. Celebrate taking part. Not everyone can win, but taking part in competition for some is a huge achievement. Don't ask "did you win?", always ask "how did you compete?"

What was your biggest learning from the work?

Focusing on the ensuring the positive experiences are embedded in our school offer, has shone a spotlight on the need to ensure that those children attending competition, who may have additional considerations to be aware of, still feel that they are competing and enjoying the feeling of competing, and not just there to feel included in the day. For example, having a leadership, manager role where real decisions are taken to affect the play, or modifications made to ensure that their input has real impact and value in the game.